



Ocean Pines Ladies Golf Association (OPLGA)

MEMBERSHIP APPLICATION- 2024 GOLF SEASON

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Local Address: \_\_\_\_\_ Phone: \_\_\_\_\_

*OPLGA has an exciting 2024 season planned starting Tuesday April 9<sup>th</sup>  
Whether you are a "Seasoned Golfer" or "New Golfer" we have a place for you!*

9 Holes of League Play in the morning & 9 Holes in the afternoon for "Casual Play" for those who do not want to compete. All OPLGA members can play in the morning, afternoon, or both.

**The fee is \$75 for the year (\$40 for OPLGA and \$35 for GHIN)"**

\*A handicap is REQUIRED for League Play. Casual Play DOES NOT require a handicap.

OPLGA Membership includes the following:

- Putters Club with coaching from our resident Pros- starting Tuesday at 1:00 on January 16<sup>th</sup> , January 30<sup>th</sup> , February 13<sup>th</sup> , February 27<sup>th</sup> , March 12<sup>th</sup> , and March 26<sup>th</sup> .
- Monthly Clinics with Ruggiere Golf starting Wednesday at 12:30-1:30 on March 20<sup>th</sup> , April 24<sup>th</sup> , May 29<sup>th</sup> , June 19<sup>th</sup> , July 17<sup>th</sup> , and August 14<sup>th</sup> .
- 30-minute session on the simulator with Bob Beckelman on February 20<sup>th</sup> . Sign up sheet in the Ladies Lounge.
- Discounted rate with EMPOWER for golf performance training.

If you are interested in signing up- please fill out this form and make your check payable to OPLGA-9 and return your application by April 1<sup>st</sup> to Ocean Pines Golf Shop.

The league will be using "Golf Genius" as an online system to schedule play for each Tuesday morning and afternoon. You will receive an email notification on the prior Sunday to sign up to play.

If you have any question, please contact Tammy Banachowski at 419-343-6216 or by email at [tjbano@gmail.com](mailto:tjbano@gmail.com)

**Once you have signed up you will receive a "welcome package" to include a flyer for the opening day on April 9th, the schedule of play to include tournaments, how to sign up for additional clinics with Ruggiere Golf, how to sign-up for performance training at EMPOWER, rules of play, information to purchase OPLGA apparel, and contact information on the membership.**

\*Do you belong to another club besides OPLGA? If so, please note your GHIN# so that we don't duplicate your information. GHIN# \_\_\_\_\_ (This will help us with your handicap – Thanks)

\*\*\*\*\*

Welcome! So excited to start a new 2024 season with you!

Please like our facebook page- "Ocean Pines Ladies Golf Association" for league news & updates

*Tammy, Denise, Colette, Donna & Kathy*

# Ocean Pines Ladies Golf Association



To new and current members of the OPLGA 2024 Season –

Our goal is to welcome all women to the Ocean Pines Ladies Golf Association while learning and enjoying a lifelong game regardless of your skill or level of play. We strive to encourage and expand everyone's understanding of the game while providing an opportunity to have fun and foster new and old friendships.

**Our mission at OPLGA —**

***“Together as a league we are committed to fostering friendships through the game of golf while providing value and support to our community. “***

League play is on Tuesday mornings beginning April 9th and ending October 30th.

Tee times begin at 9:00 am during the cooler months and then move to 8:30 am as it gets warmer.

Those wishing to play 18 holes will tee off first following 9 holes. Players are welcome to walk and will have the last tee times of the morning. Greens fee is \$35.

We collect \$3 each week for the weekly prize pool. Most of the games allow you to play your own ball and keep your individual score. League play consists of Individual and team events. Threesomes and foursomes will be set by the pro staff each week. We'll also have voluntary "Chip-ins" on Tuesdays. The Chip-in participation is \$1 per week and is voluntary. In addition to weekly games, we have Member/Member, Member/Guest, and Bring a Friend Day. Governors' Cup and the Club Championship finishes out our season.

With the World Golf Association Handicap System being implemented, scores must be entered immediately after play. The Pro Staff will enter scores for Tuesday play. You are responsible to post rounds played outside of league play.

WDGA is open to OPLGA members. WDGA leagues travel to other courses for matches. We currently have two traveling travel dates scheduled for 2024. More information on WDGA will follow.

League dues are \$75 with \$35 earmarked for your GHIN membership, \$1 towards the “Hole-In-One” fund and the balance to OPLGA.

We have added a few off-season opportunities for our OPLGA members this year including Putter's Club, monthly clinics with Ruggieri Golf, free 30-minute session in the simulator with Bob Beckelman and discounted rate for golf performance training through Empower UPT. As they say, “Athletes are made in the off season”!

OPLGA along with OPMGA host a “Pink Lady” Tournament in October. This is a fun, 9-hole scramble with foursomes competing with a team score and a pink ball score. All donations go to AGH to help pay for mammograms for those who cannot afford the procedure.

Feel free to call with any questions you might have. And always check our Facebook page for golf events and other activities here at Ocean Pines.

We invite you to join us and have fun making lifelong friends on the golf course. Looking forward to another great year with the Ocean Pines Lady Golfers!

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301-908-8808

## Tuesday play Schedule 2024

<b>Date</b>	<b>Time</b>	<b>Format</b>	<b>Notes</b>
Apr. 9	9:30	Opening Day/Scramble	Play/Lunch/Meeting
Apr. 16	9:30	Low Gross/Low Net	
Apr. 23	9:30	Blind Partners	
Apr. 30	9:30	1 Best Ball of 4	
May 7	8:30	1,2,3	
May 14	8:30	Criers	
May 21	9:00	Member/Member	Discounted Lunch Menu
May 28	8:30	Mystery Hole	
June 4	8:30	Beat the Pro	
June 11	8:30	Odd/ Even	
June 18	9:00	Member/Guest	Lunch included
June 25	8:30	Low Putts	
June 26*	8:30	Chester River Mixer	*Wednesday/@Chester River CC
July 2	8:30	Stars and Stripes	
July 9	8:30	Primary Colors	
July 16	8:30	Bring a Friend	Discounted Lunch Menu
July 23	8:30	Solheim Cup	
July 30	8:30	Christmas in July	
Aug. 6	8:30	1-2-1	
Aug. 13	8:30	Points for Putts	
Aug. 15*	4:00	The Rookery Mixer	*Thursday/@ The Rookery
Aug. 19*	8:30	Govern's Cup	*Monday/Lunch included
Aug. 27	8:30	Hate Holes	
Sept. 3	8:30	Fab Four	
Sept. 10	8:30	Practice Play	
Sept. 16	Mon. 12pm	OPLGA Championship	Lunch included
Sept. 17	Tues. 9am		
Sept. 24	8:30	Low Gross/Low net	
Oct. 1	9:30	Stableford	
Oct. 8	9:30	Twenty	
Oct. 9*	1:00	Pink Lady Tournament	*Mon/Charity event w/ OPMGA
Oct. 15	9:30	2 Best Ball of 4	
Oct. 22	9:30	Fairways and Greens	
Oct. 29	9:00	Closing Day	Play/Lunch/Meeting

\*\*Afternoon Tee Times TBD

# OPLGA-9 OPENING DAY

## “GET TO KNOW US” SCRAMBLE



JOIN US FOR A FUN FILLED  
DAY OF GOLF, FOLLOWED BY  
LUNCH  
AND INTRODUCTION OF THE  
OPLGA-9 BOARD



APRIL 9, 2024  
9:00 TEE OFF

CHECK FOR AN E-MAIL FROM THE  
OP GOLF CLUB

SUNDAY PRIOR TO TUESDAY PLAY TO SIGN-UP



LOOKING FORWARD TO SEEING YOU ALL!!!

\*\* GREENS/CART FEES AND LUNCH WILL BE PAID  
SEPARATELY AT THE CLUB THE DAY OF THE EVENT

# Introducing our new clothing line

## With the New OPGLA Logo

Samples for you to see and try on will be  
Available opening day



If you are not available opening day to try on samples, please e-mail:  
[Dmk52759@hotmail.com](mailto:Dmk52759@hotmail.com) for a sizing chart

### Port Authority® Ladies Core Soft Shell Jacket

A reliable soft shell at a real value. This go-to basic sheds wind and rain and is a perfect choice for corporate or team uniforming.

- 100% polyester woven shell bonded to a water-resistant film insert and a 100% polyester microfleece lining
- 92/8 poly/spandex woven shell bonded to a water-resistant film insert and a 100% polyester microfleece lining (Heathers)
- 1000MM fabric waterproof rating
- 1000G/M2 fabric breathability rating
- Wind-resistant, water-repellent and rental-friendly
- Zip-through cadet collar with chin guard
- Reverse coil zippers
- Front zippered pockets
- Open cuffs and hem

Ladies Sizes: XS-4XL

Price: \$60.00



### Ladies Sport-Wick® Stretch 1/4-Zip Pullover

An extremely flexible layer with a soft-brushed backing and moisture control for year-round comfort.

- 6.8-ounce, 90/10 poly/spandex
- Tag-free label
- Smooth-faced
- Chin guard for additional comfort
- Cadet collar
- Taped neck
- Raglan sleeves
- Thumbholes to keep hands warm
- Front pouch pocket
- Open cuffs and hem

Ladies Sizes: XS-4XL

Price: \$50.00







## Port Authority® Ladies Silk Touch™ Long Sleeve Polo

A favorite for years, our Silk Touch™ polo is soft, supple and easy to care for. The silky smooth pique knit resists wrinkles while the classic long sleeve style looks great on everyone.

- 5-ounce, 65/35 poly/cotton pique
- Flat knit collar
- Double-needle armhole seams and hem
- 3-button reverse placket
- Metal buttons with dyed-to-match plastic rims
- Open hem sleeves
- Side vents

**Ladies Sizes: XS-4XL**

**Price: \$40.00**



## Port Authority® Ladies Dry Zone® UV Micro-Mesh Polo

Our durable, moisture-wicking Dry Zone polo now with UV protection. An exceptional value, this breathable mesh polo also resists snags. Colors coordinate with our Core Classic Pique Polos and Carefree Poplin Shirts.

- 4.6-ounce, 100% polyester double knit pique
- UPF rating of 30
- Tag-free label
- Flat knit collar
- 3-button placket with pearlized, dyed-to-match buttons
- Open hem sleeves
- Side vents

*Due to the nature of 100% polyester performance fabrics, special care must be taken throughout the printing process.*

**Ladies Sizes: XS-4XL**

**XS, S, M, L, XL, XXL, 3XL, 4XL**

**Price: \$35.00**



## Port Authority® Ladies Dry Zone® UV Micro-Mesh Sleeveless Polo

### Product Description

A sleeveless polo option for her joins our popular Dry Zone UV Micro-Mesh Collection.

- 4.6-ounce, 100% polyester double knit pique
- UPF rating of 30
- Moisture-wicking
- Snag-resistant
- Flat knit collar
- 5-button placket
- Bound armholes
- Pearlized, dyed-to-match buttons
- Straight hem with side vents
- Tag-free lab

**Ladies Sizes: XS-6XL**

**XS, S, M, L, XL, XXL, 3XL**

**Price: \$30.00**



### Port Authority® Colorblock Cotton Tote

This versatile cotton tote has colorblock handles and bottom for on-trend style and a modern look.

- 10-ounce, 100% cotton twill body; 11-ounce, 100% cotton canvas handles and bottom
- Reinforced self-fabric handles with stress point stitching
- Interior metal snap closure
- Dimensions: 15.5"h x 14.25"w x 4.5"d; Approx. 994 cubic inches

**Price: \$20.00**



### Port Authority® Grommeted Microfiber Golf Towel

A handy carabiner allows you to hang this lightweight, absorbent and odor-fighting towel off the golf bag.



- 85/15 poly/nylon microfiber
- Fully hemmed
- Corner grommet with carabiner
- Dimensions: 16"w x 26"l; 2.5 lbs./doz.

• **Price: \$15.00**



6-panel, unstructured, low-profile

**Price: \$20.00**

- Tuck-away leather back strap with antiqued brass buckle and grommet
- Adams exclusive Cool-Crown mesh in coordinating colors.
- Multiple rows of stitching on bill
- Multiple rows of stitching on self-fabric sweatband Dyed to match cotton taping
- Leather strap, antique brass Grommet and Buckle with Adam's logo on leather strap

# RUGGIERE GOLF ACADEMY

Ruggieri Golf  
Ruggierigolf.com  
386-846-3505



Matt Ruggieri

I am a PGA Professional specialized in Teaching and Coaching. My mission as a Golf Professional and Coach is to help players understand their swing and use it to play their best golf. There is no one method or swing style for all golfers. My teaching centers around fundamentals, game management, and the short game. I believe every golfer can improve through proper training and I look forward to helping you on that journey.

## Ladies 5-Week Programs

At Ocean Pines Golf Club we believe that every golf program should be centered around playing golf and making it fun to progress overtime. Join us and start improving your golf game and shooting lower scores!

Registration includes:

- (4) 60-minute group classes. Make friends while improving!
- (1) 60-minute Private lesson with PGA professional Matt Ruggiere.
- (1) 9-hole event with the group. Golf cart included with registration.

During instruction classes we'll discuss

- Proper fundamentals and key swing elements.
- How to practice more efficiently and make practice fun.
- How to improve your swing mechanics.
- Course management and mental game techniques.

**Go to: [Ruggierigolf.com](http://Ruggierigolf.com) and register now!**





**OFFSEASON  
PERFORMANCE PROGRAM  
EXCLUSIVELY FOR  
OP LADIES' LEAGUE**

## **SEMI-PRIVATE TITLEIST PERFORMANCE TRAINING**

**Montly Program**

**1x/wk: \$149/month**

**2x/week: 225/month**

- Semi-Private Training in Groups of 4-8 people
- Program proven to improve strength, mobility, and clubhead speed development to improve golf performance
- No make-ups
- Exclusively with our Titleist Performance Doctors of Physical Therapy
- Each Week of program builds on previous weeks of program
- Add a set of SuperSpeed Speed Sticks for \$140 (\$229 value)

**Starts 2/7 on Wed/Fri at Noon/1pm**

**\*\*\*can't currently be experiencing injury\*\*\***

**LIMITED SPOTS AVAILABLE**  
**Trevor@EmpowerUPTP.com**  
**410.589.0202**

Have your Golf Swing Evaluated by our Golf Pro:

## Bob Beckelman



Beckelman grew up in Annapolis, Maryland and West Chester, Pennsylvania, and studied aerospace engineering at Penn State University. He's been a Professional Golfers' Association member for 25 years and has lived on the Eastern Shore for the last 35 years. He started his professional golf career at the Ocean Pines Golf Club, first from 1992 to 1997, and then returning from 2000 to 2007.

### Simulator Training

As Part of your membership to the OPLGA, our Pro Bob Beckelman has offered the Women of the OPLGA Free Simulator Training

Half hour sessions are currently being offered,

February 20, 2024

Sign-up Sheet available in the OPLGA Lounge at the Ocean Pines



Friend OPLGA Facebook Page as other dates may be offered.

Just another Perk for joining  
the OPLGA that you DO NOT  
want to miss out on.

## “Putters Club”



**Tuesday’s at 1:00** offered

January 16th, January 30th, February 13th, February 27th,  
March 12th and March 26th.



**FREE** Putting Clinics offered by the  
OPLGA to Our Member’s

Ocean Pines Country Club Pro’s will join us to  
offer instruction and tips on how to improve  
your putting game!

Non-members \$5.00

